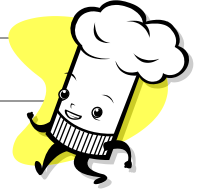


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# Stuffed French Toast

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*5/31/2011 Weight Watchers meeting*



## **Ingredients:**

- 4 Slices of Pepperidge Farm cinnamon raisin bread
- 4 Tablespoons Farmer's cheese (or Pot cheese) (such as Friendship brand in the red/white/blue container)
- 1 Banana
- ½ Cup skim milk
- 1 Large or XL/Jumbo egg
- ½ Teaspoon vanilla
- 2 Tablespoons Smuckers Simply Fruit or Polaner All Fruit, any flavor
- 1 Teaspoon **extra virgin light** olive oil

## **Directions:**

Mix milk, vanilla and egg together and beat.

Spread cheese equally on 2 slices of bread.

Slice banana and place ½ on each slice of bread.

Cover with the other 2 slices of bread.

Dip both sandwiches in the egg mixture sopping up all of the mixture.

Heat a skillet with the olive oil. Fry sandwiches on both sides as you would French toast.

Heat jelly in the microwave for 15 seconds until melted. Pour ½ jelly over each sandwich.

Makes 2 sandwiches at 7 PPV each.